

BONUS
#4

READING LIST & LEARNING JOURNAL

BUILD THE KNOWLEDGE
THAT **BUILDS WEALTH**



READ
WITH PURPOSE



LEARN
CONTINUOUSLY



RECORD
KEY INSIGHTS



APPLY
WHAT YOU LEARN



GROW
EVERY DAY



BUILD
CULTURAL CAPITAL

TEMPLATES,
READING PLANS
& REVIEW PAGES
INCLUDED!



ANNUAL
READING PLAN



BOOK SUMMARY
WORKSHEETS



ACTION PLANNERS
& TRACKERS



LEARNING
DASHBOARDS

OLA - VINCENT

Companion Workbook to The Capital Multiplication System™

Introduction

One of the central ideas of *The Capital Multiplication System*[™] is that **cultural capital**—your knowledge, skills, judgment, habits, and continuous learning—is one of the greatest forms of wealth you can develop. It compounds over time and can be converted into reputation, relationships, and economic opportunities.

This workbook is designed to help you become an intentional learner. It isn't about reading more books but about reading the **right books**, extracting the **right lessons**, and taking the **right actions**.

Knowledge only becomes capital when it is applied.

How to Use This Workbook

Read with a pen.

Highlight ideas.

Summarise every chapter.

Record one action from every book.

Review your notes monthly.

Re-read your favourite books annually.

Remember: Knowledge compounds just like money.

My Learning Vision

Why do I want to become a lifelong learner?

My Learning Goals

This year I want to:

- ☐ Read _____ books
- ☐ Complete _____ courses
- ☐ Attend _____ seminars
- ☐ Listen to _____ podcasts
- ☐ Watch _____ educational videos
- ☐ Learn _____ new skills

Knowledge Portfolio Assessment

KNOWLEDGE PORTFOLIO ASSESSMENT

AREA	SCORE
Business Knowledge	
Financial Literacy	
Leadership	
Communication	
Technology	
Spiritual Growth	
Total:	_____ / 60

Rate yourself (1–10)

Knowledge Distribution

Use your own scores to create a personalised version.

Annual Reading Plan

ANNUAL READING PLAN

MONTH	BOOK	WHY I CHOSE IT	COMPLETED
January			☐
February			☐
March			☐
April			☐
May			☐
June			☐
July			☐
August			☐
September			☐
October			☐
November			☐
December			☐

Learning Categories

Business

Books to Read

Wealth Creation

Leadership

Communication

Marketing

Personal Development

Faith

Book Summary Worksheet

(Repeat this page for every book.)

Book Title

Author

Date Started

Date Finished

Overall Rating

★★★★★

Key Lessons

1.

2.

3.

4.

5.

Favourite Quote

Biggest Idea

How Will I Apply It?

Expected Result

Learning Action Planner

Knowledge without implementation produces little change. Throughout the book, learning is presented as valuable because it changes behaviour and ultimately shapes outcomes.

For every resource you study:

LESSON LEARNED	ACTION	DEADLINE	COMPLETED
			☐
			☐
			☐
			☐

Skill Development Planner

Skill	Current Level (1–10)	Target	Deadline

Course Tracker

Course	Provider	Cost	Completion Date	Result
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Mentor Journal

Mentor's Name

What did I learn?

What action will I take?

Podcast Notes

Podcast

Speaker

Top Three Lessons

1.

2.

3.

Conference Notes

Event

Speaker

Most valuable lesson

Action plan

Knowledge-to-Income Planner

The book teaches that cultural capital can be converted into symbolic, social, and economic capital when your knowledge solves problems.

What knowledge do I possess?

Who needs it?

Possible products

- ☐ Coaching
- ☐ Consulting
- ☐ Speaking

- ☐ Writing
- ☐ Online Course
- ☐ Workshop
- ☐ Book
- ☐ Newsletter
- ☐ Membership

Learning Habit Tracker

LEARNING HABIT TRACKER

HABIT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Read 30 Minutes	☐	☐	☐	☐	☐	☐	☐
Study Notes	☐	☐	☐	☐	☐	☐	☐
Pray	☐	☐	☐	☐	☐	☐	☐
Journal	☐	☐	☐	☐	☐	☐	☐

(Repeat for 12 weeks.)

Monthly Review

Books Completed

Most Valuable Lesson

Best Investment in Learning

Knowledge Applied

Income Generated from Learning

My Personal Library

Title	Author	Category	Read?
			☐
			☐
			☐
			☐
			☐
			☐
			☐
			☐

Books I Will Read Again

Book	Why?	Next Review Date

Quarterly Learning Dashboard

QUARTERLY LEARNING DASHBOARD				
QUARTER	BOOKS	COURSES	NEW SKILLS	KNOWLEDGE APPLIED
Q1				
Q2				
Q3				
Q4				

Reflection Questions

What changed the way I think this quarter?

Which book had the greatest impact?

What knowledge created new opportunities?

What skill should I learn next?

My Learning Covenant

MY LEARNING COVENANT

I believe learning is one of the greatest investments I can make.

I will read consistently.

I will remain teachable.

I will seek wisdom before recognition.

I will apply what I learn.

I will teach others.

I will continually increase my value through knowledge.

I will never stop growing.

SIGNED

DATE

Bonus Pages

Vocabulary Builder (attempt 2 pages)

New Word	Meaning	Where I Learned It	Use in a Sentence
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Ideas Journal (3 pages)

Space for recording business ideas, investment opportunities, sermon notes, book insights, quotations, and reflections.

Favourite Quotes Collection (2 pages)

Quote	Source	Why It Matters
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Learning Accountability Partner

Partner's Name

Meeting Frequency

- ☐ Weekly
- ☐ Fortnightly
- ☐ Monthly

Goals We Will Review
